



BISCUITS

Almond Loaf	R67	Bran Rusks	R63	Butter Biscuits	R43
Choc Brownies	R70	Bar-One Choc Brownies	R32	Choc Chip Biscotti	R46
Choc Chip Cookies	R59	Chocolatini	R43	Crunchies	R48
Cranberry & White Choc	R49	Florentine	R66	Ginger Bread Man	R30
Hazelnut Shortbread	R56	Millionaire's Shortbread	R62	Hazelnut Biscotti	R53
Lemoncini	R42	Peanut Cookies	R42	Rosemary Biscuits	R42
Shortbread	R45	Spiral Biscuit	R42	Viennese Nut	R56
Oatmeal Raisin Cookies	R43	Cheese Straws	R62	Cheese Wafers	R43
Grissini	R41	Gluten Free Choc Crunch	R85	Gluten Free Cookies	R49

CAKES

Apple Crumble	R130	Brandy Tart	R100	Carrot Cup Cakes	R20
Carrot Double Layer	R165	Carrot Loaf	R105	Carrot Ring	R150
Carrot Small	R135	Cheesecake Large	R310	Cheesecake Small	R215
Cherry Almond	R115	Cherry Almond Small	R70	Choc Almond	R165
Choc Double Layer	R165	Choc Ring	R155	Choc Yogurt	R125
Chunky Apple	R105	Cup Cakes (each)	R18	Milk Tart	R110
Pecan Pie	R150	Lemon Cake	R105	Lemon Cake Small	R70
Lemon Meringue Pie	R150	Lemon Poppy Medium	R140	Lemon Poppy Small	R70
Lemon Poppyseed Ring	R149				

CAKES

Meringue Shell Oval	R99	Meringue Shell Round	R99	Meringue Bags	R42
Almond Meringue	R63	Fudge Chocolate	R32	Fudge Vanilla	R32

ICE CREAM

Our ice cream at Market Place Deli is homemade.
Flavours available in **500ml tubs R78**

- Vanilla
- Chocolate
- Stracciatella
- Coffee
- Lemon Meringue
- Peppermint Crisp
- Chocolate Chip
- Peanut butter
- Peanut Butter Stracciatella
- Strawberry
- Raspberry
- Vanilla with Fudge Chunks
- Vanilla with Wild Berry Ripple
- Vanilla & Chocolate Brownie (contains nuts)

ICE CREAM CAKES

Design the perfect cake for your special occasion.
Order your cake in 3 easy steps.

Step 1: Choose a flavour or two **Step 2: Choose a size** **Step 3: Choose a design**

Visit our website to see our variety of flavours and sizes available.

www.marketplacedeli.co.za



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SOUPS

	350ml	1litre
Baby Marrow & Parmesan Soup	R41	R110
Apple & Butternut Soup	R41	R110
Bone Broth	-	R110
Chicken Soup	R41	R110
Chicken Noodle Soup	R41	R110
Hearty Beef Soup	R65	R185
Pea & Ham Soup	R41	R110
Portuguese Farm House Soup	R41	R110
Potato & Blue Cheese Soup	R41	R110
Sun-dried Tomato & Mascarpone Soup	R44	R120
Sweet Potato & Carrot Soup	R41	R110
Tuscan Bean Soup	R41	R110
Thai Chicken Soup	R43	R119
Tomato & Lentil Soup	R41	R110
Country Lamb Soup	R54	R150
Leek & Potato Soup	R41	R110
Minestrone Soup	R41	R110
Mulligatawny Soup	R41	R110
Creamy Mushroom Soup	R43	R123

SAUCES

	350g	SIDES	350g	700g
Arrabiatta Sauce	R50	Creamed Spinach	R59	R129
Bacon & Sage Sauce	R53	Steamed White Rice	R18	R39
Bolognese Sauce	R70	Couscous	R20	-
Butternut Sauce	R52	Potato Bake	R129	R425
Lentil Bolognese Sauce	R45	Mashed Potato with Butter	R22	-
Porcini Sauce	R63	Mashed Cauliflower	R38	-
Mushroom Cream Sauce	R52			
Napoletana Sauce	R50			
Puttanesca Sauce	R52			
Alfredo Sauce	R53			
Chili Con Carne Lentils	R46			
Sundried Tomato & Mascarpone	R59			

DIPS

	250ml
Chicken Liver	R60
Hummus	R59
Sun Dried Tomato & Basil	R59
Sweet Pepper & Feta	R59



BEEF DISHES

	350g	500g	700g	1kg	2.8kg
Beef Bobotie	-	R115	R159	-	R510
Beef Bourguignon	R105	-	R210	-	-
Beef Goulash	R105	-	R210	-	-
Beef Pie	-	-	R220	-	-
Beef Cottage Pie	-	R103	R149	-	R485
Beef Lasagne	-	R103	R149	R209	R485
Beef Stroganoff	R105	-	R210	-	-
Beef Curry	R105	-	R210	-	-
Beef Cottage Pie with Cauliflower Mash	R105	-	R165	-	-

CHICKEN DISHES

	350g	500g	700g	1kg	2.8kg
Chicken in White Wine & Mushroom	R80	-	R150	-	-
Chicken Curry	R80	-	R150	-	-
Green Thai Chicken Curry	R80	-	R150	-	-
Chicken Provençal	R80	-	R150	-	-
Coq au vin	R80	-	R150	-	-
Chicken & Mushroom Pie	-	-	R165	-	R565
Chicken Lasagne	-	R103	R149	-	R485
Chicken Parmigiana	-	-	R165	-	-
Chicken Tikka	-	-	R165	-	-

PORK DISHES

	350g	500g	700g	1kg
Pork Sausage & Cannellini Bean Casserole	R80	-	R145	-
Pork Meatballs	-	-	R150	-
Macaroni Cheese with Bacon	-	R99	R139	-
Bangers and Mash	-	R103	R145	-

SEAFOOD DISHES

	500g	700g	1kg	2.8kg
Seafood Lasagne	R115	R169	-	-
Tuna & Mushroom Lasagne	R115	R169	-	R515

LAMB DISHES

	350g	700g	1kg	2.8kg
Karoo Lamb	R155	R305	-	-
Greek Lamb & Pasta Bake	-	R185	-	-
Lamb Curry	R155	R305	-	-
Moroccan Lamb	R155	R305	-	-

VEGETARIAN DISHES

	350g	500g	700g	2.8kg
Vegetable Lasagne	-	R103	R149	R485
Spinach & Ricotta Cannelloni	-	R103	R149	R485
Macaroni Cheese	-	R103	R132	R425
Mushroom Nut Roast	-	R115	R165	-
Vegetable Bobotie	-	R103	R149	-
Vegetable Cottage Pie	-	R103	R149	-
Chili Con Carne Lentils	R46	-	-	-
Melanzane	-	R103	R149	R485
Roasted Vegetable Penne	-	R103	R149	-
Thai Veg Green Curry	R75	-	R149	-
Coconut Dahl	R51	-	-	-
Moroccan Vegan Stew	R99	-	R140	-
Lentil Bolognese Sauce	R45	-	-	-

VEGAN DISHES

	350g	500g	700g	2.8kg
Chili Con Carne Lentils	R46	-	-	-
Coconut Dahl	R51	-	-	-
Moroccan Vegan Stew	-	R99	R140	-
Lentil Bolognese Sauce	R45	-	-	-
Napoletana Sauce	R50	-	-	-
Arrabiatta Sauce	R50	-	-	-
Coconut and Butter Bean Curry	-	R103	-	-

	350ml	1Litre
Sweet Potato & Carrot Soup	R41	R110
Tomato & Lentil Soup	R41	R110