



## BISCUITS

Almond Loaf	R69	Bran Rusks	R65	Butter Biscuits	R46
Choc Brownies	R74	Bar-One Choc Brownies	R35	Choc Chip Biscotti	R49
Choc Chip Cookies	R65	Chocolatini	R46	Crunchies	R51
Cranberry & White Choc	R53	Florentine	R69	Ginger Bread Man	R33
Hazelnut Shortbread	R59	Millionaire's Shortbread	R73	Hazelnut Biscotti	R55
Lemoncini	R45	Peanut Cookies	R45	Rosemary Biscuits	R45
Shortbread	R48	Spiral Biscuit	R45	Viennese Nut	R59
Oatmeal Raisin Cookies	R46	Cheese Straws	R62	Cheese Wafers	R45
Grissini	R43	Gluten Free Choc Crunch	R85	Gluten Free Cookies	R55

## CAKES

Apple Crumble	R130	Brandy Tart	R100	Carrot Cup Cakes	R20
Carrot Double Layer	R165	Carrot Loaf	R105	Carrot Ring	R150
Carrot Small	R135	Cheesecake Large	R320	Cheesecake Small	R225
Cherry Almond	R115	Cherry Almond Small	R70	Choc Almond	R165
Choc Double Layer	R165	Choc Ring	R155	Choc Yogurt	R125
Chunky Apple	R105	Cup Cakes (each)	R18	Milk Tart	R110
Pecan Pie	R150	Lemon Cake	R105	Lemon Cake Small	R70
Lemon Meringue Pie	R150	Lemon Poppy Medium	R140	Lemon Poppy Small	R70
Lemon Poppyseed Ring	R149				

## CAKES

Meringue Shell Oval	R99	Meringue Shell Round	R99	Meringue Bags	R42
Almond Meringue	R63	Fudge Chocolate	R32	Fudge Vanilla	R32

## ICE CREAM

Our ice cream at Market Place Deli is homemade.  
Flavours available in **500ml tubs R82**

- Vanilla
- Chocolate
- Stracciatella
- Coffee
- Lemon Meringue
- Peppermint Crisp
- Chocolate Chip
- Peanut butter
- Peanut Butter Stracciatella
- Strawberry
- Raspberry
- Vanilla with Fudge Chunks
- Vanilla with Wild Berry Ripple
- Vanilla & Chocolate Brownie (contains nuts)

## ICE CREAM CAKES

Design the perfect cake for your special occasion.  
Order your cake in 3 easy steps.

**Step 1: Choose a flavour or two Step 2: Choose a size Step 3: Choose a design**

Visit our website to see our variety of flavours and sizes available.

[www.marketplacedeli.co.za](http://www.marketplacedeli.co.za)



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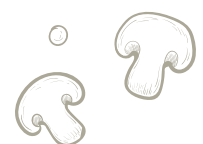
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## SOUPS

	350ml	1litre
Baby Marrow & Parmesan Soup	R44	R117
Apple & Butternut Soup	R44	R117
Bone Broth	-	R117
Chicken Soup	R44	R117
Chicken Noodle Soup	R44	R117
Hearty Beef Soup	R69	R189
Pea & Ham Soup	R44	R117
Portuguese Farm House Soup	R44	R117
Potato & Blue Cheese Soup	R44	R117
Sun-dried Tomato & Mascarpone Soup	R47	R129
Sweet Potato & Carrot Soup	R44	R117
Tuscan Bean Soup	R44	R117
Thai Chicken Soup	R46	R127
Tomato & Lentil Soup	R44	R117
Country Lamb Soup	R57	R159
Leek & Potato Soup	R44	R117
Minestrone Soup	R44	R117
Mulligatawny Soup	R44	R117
Creamy Mushroom Soup	R46	R129



## SAUCES

	350g	SIDES	350g	700g
Arrabiatta Sauce	R50	Creamed Spinach	R59	R129
Bacon & Sage Sauce	R55	Steamed White Rice	R18	R39
Bolognese Sauce	R75	Couscous	R20	-
Butternut Sauce	R54	Potato Bake	-	R129
Lentil Bolognese Sauce	R48	Mashed Potato with Butter	R22	-
Porcini Sauce	R63	Mashed Cauliflower	R43	-
Mushroom Cream Sauce	R56			
Napoletana Sauce	R50	<b>DIPS</b>	<b>250ml</b>	
Puttanesca Sauce	R65	Chicken Liver	R64	
Alfredo Sauce	R56	Hummus	R64	
Chili Con Carne Lentils	R49	Sun Dried Tomato & Basil	R64	
Sundried Tomato & Mascarpone	R61	Sweet Pepper & Feta	R64	



## BEEF DISHES

	350g	500g	700g	1kg	2.8kg
Beef Bobotie	-	R115	R159	-	R510
Beef Bourguignon	R110	-	R220	-	-
Beef Goulash	R110	-	R220	-	-
Beef Pie	-	-	R230	-	-
Beef Cottage Pie	-	R115	R159	-	R510
Beef Lasagne	-	R115	R159	R225	R510
Beef Stroganoff	R110	-	R220	-	-
Beef Curry	R110	-	R220	-	-
Beef Cottage Pie with Cauliflower Mash	R115	-	R170	-	-

## CHICKEN DISHES

	350g	500g	700g	1kg	2.8kg
Chicken in White Wine & Mushroom	R85	-	R159	-	-
Chicken Curry	R85	-	R159	-	-
Green Thai Chicken Curry	R85	-	R159	-	-
Chicken Provençal	R85	-	R159	-	-
Coq au vin	R85	-	R159	-	-
Chicken & Mushroom Pie	-	-	R170	-	R595
Chicken Lasagne	-	R115	R159	-	R510
Chicken Parmigiana	-	-	R170	-	-
Chicken Tikka	-	-	R170	-	-

## PORK DISHES

	350g	500g	700g	1kg
Pork Sausage & Cannellini Bean Casserole	R80	-	R149	-
Pork Meatballs	-	-	R150	-
Macaroni Cheese with Bacon	-	R105	R145	-
Bangers and Mash	-	R105	R145	-

## SEAFOOD DISHES

	500g	700g	1kg	2.8kg
Seafood Lasagne	R125	R175	-	-
Tuna & Mushroom Lasagne	R125	R175	-	R595

## LAMB DISHES

	350g	700g	1kg	2.8kg
Karoo Lamb	R160	R320	-	-
Lamb Curry	R160	R320	-	-
Moroccan Lamb	R160	R320	-	-

## VEGETARIAN DISHES

	350g	500g	700g	2.8kg
Vegetable Lasagne	-	R115	R159	R510
Spinach & Ricotta Cannelloni	-	R115	R159	R510
Macaroni Cheese	-	R103	R132	R425
Mushroom Nut Roast	-	R120	R170	-
Vegetable Bobotie	-	R115	R159	-
Vegetable Cottage Pie	-	R115	R159	-
Chili Con Carne Lentils	R49	-	-	-
Melanzane	-	R115	R159	R510
Roasted Vegetable Penne	-	R115	R159	-
Thai Veg Green Curry	R80	-	R159	-
Coconut Dahl	R53	-	-	-
Moroccan Vegan Stew	R99	-	R140	-
Lentil Bolognaise Sauce	R49	-	-	-

## VEGAN DISHES

	350g	500g	700g	2.8kg
Chili Con Carne Lentils	R49	-	-	-
Coconut Dhal	R53	-	-	-
Moroccan Vegan Stew	-	R99	R140	-
Lentil Bolognaise Sauce	R49	-	-	-
Napoletana Sauce	R50	-	-	-
Arrabiatta Sauce	R50	-	-	-
Coconut and Butter Bean Curry	-	R115	-	-

	350ml	1Litre
Sweet Potato & Carrot Soup	R44	R117
Tomato & Lentil Soup	R44	R117